

# Circle News



Visit us at [www.circleoftruths.com](http://www.circleoftruths.com)

email: [pat@circleoftruths.com](mailto:pat@circleoftruths.com)

twitter: [@iamstillnothing](https://twitter.com/iamstillnothing)

Newsletter archive:

<http://circleoftruths.com/blog/media/down-loads/news-letters/>

# Circle News



[The Circle of Truths](http://www.circleoftruths.com)  
[www.circleoftruths.com](http://www.circleoftruths.com) [circleoftruths@circleoftruths.com](mailto:circleoftruths@circleoftruths.com)

## The Nature of Existence

By Pat Powell

Circle News is produced ongoing by The Circle of Truths.

One of my quotes that I get the most head scratches from is the following. *“We are thought living within consciousness, we are consciousness living within imagination and we are imagination living inside a dream”*

That quote for me encapsulates the nature of our existence that I share with any who are open to hear. We are energy in the form of thought. I have come to know as truth that our true essence resides and encompasses a being which is as much a place as a being. It is this place/being that some call god/heaven but what would more accurately be called “Spirit”.

## Healing

By Pat Powell

Healing in all its forms and methods, physical, emotional and spiritual has one common denominator, the will and the life path of the individual. It is this life path which is key. This life path is also known to some as Higher Purpose. This thing that some call Higher Purpose is the `why` we are here the what we are here to experience and the what we are here to accomplish.

We should also always keep in mind that none of us have the complete master plan for anyone, none of us can ever truly know what a person truly needs or wants or where the path they are taking will deliver them either the why, the when or the where.

As a Healer I was once taught a very important lesson. It was

Please see *Healing* on page 4

### INSIDE THIS ISSUE

- 1 The Nature of Existence
- 2 Healing
- 3 Reconciling science with Spirituality
- 4 Upcoming Events
- 5 Healing (continued)
- 6 Friends of the Circle of Truths
- 7 This Month's Inspiration Quote
- 8 Stories from our website [www.circleoftruths.com](http://www.circleoftruths.com)
- 9 Next Month's Issue of Circle News
- 10 Our First Internet Chat Circle News

---

*“We are thought living within consciousness, we are consciousness living within imagination and we are imagination living inside a dream.”*

---

## Reconciling Science with Spirituality

By Pat Powell

---

“Spiritualists are blind and Scientists are deaf, both trying to describe the properties of a musical instrument” - Pat

---

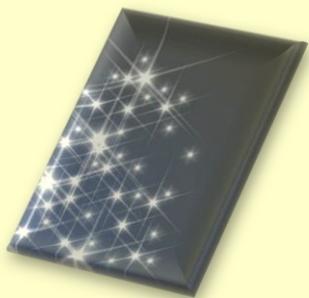
In our modern fact driven society there is a conflict, this conflict has only gotten worse throughout the ages with no apparent reconciliation in site. The conflict between science with its measureable facts, and on the other side a belief in a higher unseen order that some might label as spirituality. No where is that conflict more vitriol and apparent than in the war that has been raging regarding evolution and spirituality.

### **EVOLUTION VS CREATION THE NON-CONFLICT**

The challenge that both parties to this conflict have is neither are complete. Neither has ever given answers that answer all of the questions that have arisen; worse neither are even asking the same questions or even speaking in the same language in their discourse.

*Spiritualists are blind and Scientists are deaf, both trying to describe the properties of a musical instrument - Pat*

Reconciling Science with Spirituality



One of the biggest miscommunication faults is when as spiritualist we say that “Evolution says that we came from monkeys!” The fact is no where, and I repeat, no where in any legitimate scientific literature does it ever say that. When Spiritualist make that statement what they are saying to the people who have read the literature is “I have no knowledge of this topic but yet I will still try to argue this topic that I know nothing about”. What then almost always happens is the other party to the debate immediately rolls their eyes. The other party then stops listening to anything said by the spiritualist after that because now in their eyes we have now given evidence that we are ignorant and uneducated on this very divisive topic. What evolution actually says is not that humans come from monkeys but that we and all primates who share a common ancestor if we go back far enough in time.

Evolution basically means “change over time”, that is evolution at its heart. If you take a group of humans and send them to 4 separate locations on the earth, 1:bitter cold, 2:extreme heat, 3:semi aquatic, 4 heavily forested, and if you were to fast forward several million years, would the current group of humans in each 4 extreme locations look the same as the original group of humans? I would say no. Why, because over time they would physically adapt to survive and thrive in the different environments, and these adaptations would make each group over millions of years look different from the different groups of humans as well as obviously the original group of humans

We have only to look at the differences between an African and an Eskimo to see that there would be differences that would appear, given enough time and enough extremes in environment. In the case of Africans, they are generally tall, dark skin, lean, lower

---

“We have only to look at the differences between an African and an Eskimo to see that there would be differences that would appear given enough time and enough extremes in environment”

---

## Upcoming Events at the Circle of Truths

By Pat Powell

### ***Live Interview with Lesley Mitchell-Clarke Blogtalk Radio***

When: TBD, 2015 9:00 PM

What: Pat will make an appearance on Contact with Lesley Mitchell-Clarke to discuss various spiritual topics

<http://www.blogtalkradio.com/lesleymitchell-clarke/2014/11/03/contact-with-lesley-mitchell-clarke>

The call in number is 888-891-3884



*Global Chat on the Topic of Spirituality*

### ***Live interactive Chat, Lead by Pat***

When: Feb 17, 2015 9:00 PM

What: The Circle of Truths will be hosting a live and interactive global discussion on a wide range of spiritualistic topics

[pat@circleoftruths.com](mailto:pat@circleoftruths.com)

<http://circleoftruths.com/blog/quick-video-chat/>

### ***Appearance: Eternal Life Spiritual Centre,***

Inspirational Talk: Mar 22 - Sept 13 Oddfellows Hall 211 Brock St South (2 blocks south of Dundas) Whitby. ON

Time: 10:30 a.m. to approximately noon

*Healing* from page 3

sometime in 2014, I was in the process of healing an individual remotely. The individual was an elderly man of Caribbean decent; perhaps in his mid to late 60s. I was just about to begin sending energy into him when he looked at me warmly and gave me a warm inviting smile. I then called down a column of light from the heavens and moved it towards him; what happened next I was not prepared for. As I moved the column of light towards him he moved away from it and smiled and calmly stared at me with a look of ‘thanks but no thanks’. I thought this can’t be right. I could sense that he knew that I could help him but he didn’t want the help. Each time that I would move the light towards him he would smile and avoid the column of light that I was bringing down from the heavens. After playing cat and mouse with him for several moments he relented and stood still and took some of the light that I was offering him. He only reluctantly accepted the light, and I could tell that he was only taking the light for the sake of his family who did not wish him to go.

This story brings me back to what I stated previously about Higher Purpose and the will and desire of the individual being key to all forms of healing. This man that I was attempting to heal had already made his mind up that he wanted to move past this chapter within his existence and nothing, no doctor or healer would be able to prevent him from moving to the next chapter within his existence. As a healer and those being healed, we sometimes arrogantly believe that we know what is best for an individual and their path.

When we see an individual with an ailment our ego takes over and we attempt to ‘fix’ the ailment. Not knowing if this is truly what the individual wants at a higher level. Not knowing if this ailment is key to their life experiences in this existence. Not knowing if this ailment that we are trying to heal is in fact a defining characteristic that is essential to the *raison d'être* (Reason for being) for the individual. And lastly we do not know if the ailment was meant to offer the individual a challenge to either overcome or force us to grow and adapt in different ways. As a healer I must trust that when I work with an individual for the purpose of healing, that the energy that I work with the individual's plans and desires and is able to sort out ailments that would be classified as *raison d'être* as opposed to ailments which are not.

Some might say, why try to heal at all when what you are trying to heal might be key to that individual's *raison d'être*.

The answer because here, we are ego, and we must do what we must while we are here and I must trust that I, at some level will work with the *raison d'être* of everyone that I connect with and work within their individual plan

---

*“Each time that I would move the light towards him he would smile and avoid the column of light that I was bringing down from the heavens.”*

---




---

*“Not knowing if this ailment is a defining characteristic that is essential to the *raison d'être* (reason for being).”*

---

*Reconciling Science and Spirituality* from page 2

body fat. In the case of an Eskimo/Inuit generally shorter, fair skin, thicker bodies with higher body fat. All these differences are required for the African to exist in heat of Africa and the Eskimo to live close to the frigid poles. Even though there are these differences everyone agrees that they are still humans originating out of Africa just a few millions of years ago. So why the differences, why the differences between an African and an Eskimo, and how can this be reconciled with science and spirituality?

I believe that current human form should be viewed not as a final product. I believe that our physical bodies are constantly changing and evolving based upon mostly environmental factors. That being the case we must view our bodies today as being radically different from millions of years ago. I believe that these constant changes within our physical form is programmed within our DNA and the vehicle for these continuous changes are the ribosome's at the core of our genetic structure which build and repair our bodies from the matter that surrounds us one molecule at a time, one cell at a time.

I believe that god did not directly create the current human form. I believe that god instead created the ribosome's which are at the heart of our human genome. These ribosome's are responsible for our human form and they are 'programmed' to be adaptive enough to create a form that best suits any environment that we live in. In other words, if god did not design the ribosome's in such an adaptive way, god would have had to manually and directly make changes to each group of humans depending on where they lived and each time any group would move or the environment substantially changed god would again have to make new changes to that specific group of humans. With the programming god placed within the ribosome's, God created the perfect vehicle to optimize our human form to any environment that we chose to live in. This vehicle is found in all forms of life on earth. This vehicle is called a ribosome, and it is at the heart of evolution. So Spiritualist should stop being afraid of the word evolution and understand what it is and how it fits. For more information I encourage everyone to Google ribosome's and do your own research.

## Friends of the Circle

### Odyssey Books

The Courtyard in Pickering Village,  
109 Old Kingston Rd, #15, Ajax, ON L1t 3A6

Website: [www.odysseybooks.com](http://www.odysseybooks.com)

Email: [mail@odysseybooks.com](mailto:mail@odysseybooks.com)

Contact name: Debbie Purvis

Phone Number: 905-426-4823

### The Secret Lotus

2683 Bur Oak Avenue, Unit 2

Markham, ON

Website: <http://www.thesecretlotus.com/>

Tel: 905-554-9493

Email: [discover@thesecretlotus.com](mailto:discover@thesecretlotus.com)

### Kennedy Lodge Long Term Care by Revera

1400 Kennedy Rd Scarborough, ON M1P 4V6

Website: <http://www.reveraliving.com/kennedy>

Phone Number: 416-752-8282

### Unionville Family Chiropractic

4560 Highway 7 East, Unit 100, Unionville ON L3R 1M5

Website:

<http://www.unionvillefamilychiropractic.com/>

Phone 905-940-8188

**This Month's Inspirational Quotes**  
**Inspirational Quotes from the Circle of Truths for**  
**Feb 2015 [www.circleoftruths.com](http://www.circleoftruths.com)**

Faith/fact my great, great  
grandfather existed; even though I  
have never seen or touched him or  
even heard his voice, he existed  
and he was a man

Who you are is almost entirely  
dependent on where you are in  
your journey and where and  
when you began your journey

To view all of my latest quotes please visit  
<https://iamstillnothing.wordpress.com/inspirational-quotes/>  
or email me at [pat@circleoftruths.com](mailto:pat@circleoftruths.com)

## Stories from our Website

<http://circleoftruths.com/blog/share-your-experiences-with-pat/>

*Yvette Taylor says:*

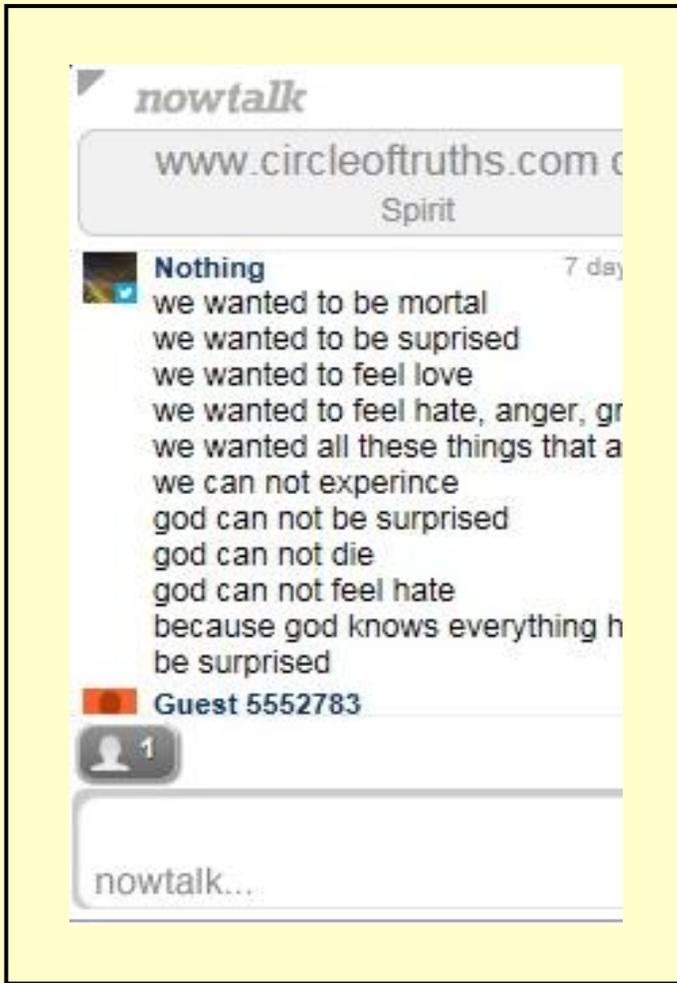
[March 10, 2013 at 8:24 pm](#)

My dad had been quite ill with colon cancer and other ailments for about 10 years. I asked Patrick if he could do a remote healing on my dad and he said he would. We book the appointment for the following Tuesday evening at 9:30 p.m. Because Patrick had not met my father, he was going to use me to reach my father. He requested that my dad and I go into a dark room of our homes and get comfortable. Shortly after 9:30 p.m., I started to get warm to the point where I felt like I was in a sauna. I also experienced seeing beautiful balls of light moving in and out of one another. I later found out that Patrick had asked my ancestors to intervene with my dad's healing. That night I slept peacefully. Usually, I'm up one or two times throughout the night. However, that night I slept well. My dad had a similar experience. Because of the amount of pain my dad was in, he would usually take medication before he went to bed and at 4:00 a.m. My mom said that night when Patrick did the remote healing, my dad slept peacefully without taking any medication that night. Sunday, Feb. 17, 2013 (Family Day), my dad transitioned peacefully with all the family around him.

## Snap shot from our Tuesday Weekly Chat on our Website

<http://circleoftruths.com/blog/share-your-experinces-with-pat/>

Here are some excerpts from our last chat where we discussed the nature of spirit and why there is hate, fear, death and disease in this imperfect world that we live in. Essentially our imperfections make us perfect



As always please join us every Tuesday @ 9:30 EST and share at the circle



[www.circleoftruths.com](http://www.circleoftruths.com)  
[pat@circleoftruths.com](mailto:pat@circleoftruths.com)

## Next Month's Issue of Circle News

### ***VOL 3 Circle News***



***Good and Evil; Negative Vs Positive energy:*** what really is Good and Evil

Author: Pat Powell

***Description of the existence without flesh:*** what is it like on the other side are there rules, is there a structure?

Author: Pat Powell

To book an appointment with Pat for either an appearance or for Energy Healing please visit [www.circleoftruths.com](http://www.circleoftruths.com)

To subscribe to this newsletter or if you have any questions email [pat@circleoftruths.com](mailto:pat@circleoftruths.com)