

Circle News



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Circle News



[The Circle of Truths](http://www.circleoftruths.com)
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“Both men had supporters who thought that they were doing “good” and at the same time each had critics who thought that they were doing “evil”.

The Nature of Existence

By Pat Powell

Our form in this world is created for our ego self. But our ego self is but one aspect of many that encompass our being. I believe that we are a being with what could be referred to as having multiple personalities residing within the same being. Consider a totem pole with different faces carved into different sections on the totem pole. The bottom face/personality which is closest to the earth is the simplest and most distant from the top it also has the most limited view of creation but each face above the bottom face has an increased view or level of awareness. Each face above the bottom face/personality has awareness of the face below but the face/personality below may or may not beware of the face above. Even though all the faces/personalities comprise the same totem pole they all have different levels of awareness. In this analogy each of us are totems poles.

Good and Evil; Negative VS Positive energy

By Pat Powell

Before we dive into this thing called good and evil, a question. Did Hitler do evil things? Did Martin Luther King do good things, and what do you believe they thought about their acts?

The answer for the first 2 questions, it depends on who you ask. The last question I would wager they all felt they were doing good things.

But let us return back to the first 2 questions regarding what each thought of their acts. Both men had supporters who thought that they were doing “good” and at the same time each had critics who thought that they were doing “evil”. But what are these things we

Please see *Healing* on page 5

Description Of The Existence Without Flesh

By Pat Powell

The purpose of our physical form is to host our true essence which is comprised of pure thought-energy so that we may exist and interact within this physical world of matter.

“One amongst untold legions of other thoughts living within the collective consciousness of a higher being/place that some might refer to as god or heaven”

THOUGHT ENERGY

Our true essence is that of pure thought. We are all unique and highly complex thoughts; one amongst untold legions of other such thoughts, living within the collective consciousness of a higher being/place that some might refer to as god or heaven.

Our consciousness and our thoughts reside with a being that is as much a place as a living thing which is comprised of raw thought energy. Within this being, reality is governed by the thoughts and expectations of individuals who through their thoughts acting upon their surroundings create their own version of the afterlife to a very large degree.

A thought is energy



If you believe as some do in the “Pearly Gates” then so be it, your after life will consist of Pearly Gates. If you believe in Valhalla where warriors fight and die to be reborn every morning to feast and then fight and die again then so be it, your thoughts and your expectations will create that version of an afterlife for you. But what happens if you don’t believe in an afterlife, then what? If you do not believe in an afterlife then one in a sense is created for you, a non-afterlife. Your thoughts and expectations will create a ‘nothing’ afterlife until you eventually realise that “A” you are ‘dead’ and then “B” this is not the end. At some point after those 2 realizations you will create a version of a more traditional afterlife, our you will fall in-line with another afterlife reality created from either your own thoughts and expectations or another who came before you. But now the next question that I expect that you might have is what about good and evil and ones atoning for misdeeds here on earth. You might also ask is there no eternal punishment for mans evil deeds?

The answer is complex, picture a small box. This box is what defines the rules for your existence and while you are in this box you are bound by the rules that govern it. Now picture that this

“If you do not believe in an afterlife then one in a sense is created for you, a non-afterlife. Your thoughts and expectations will create a ‘nothing’ afterlife until you realise that “A” you are ‘dead’ and then “B” this is not the end”

Upcoming News and Events at the Circle of Truths

By Pat Powell

Live Interactive Chat, Lead by Pat

When: March 24, 2015 9:00 PM

What: The Circle of Truths will be hosting a live and interactive global discussion on a wide range of spiritualistic topics

pat@circleoftruths.com

<http://circleoftruths.com/blog/quick-video-chat/>

Appearance: *Eternal Life Spiritual Centre,*

Inspirational Talk: Mar 22 - Sept 13 Oddfellows
Hall 211 Brock St South (2 blocks south of Dundas)
Whitby. ON

Time: 10:30 a.m. to approximately noon



*Global Chat on the Topic of
Spirituality*

Continued from page 2 Good and Evil; Negative Vs Positive Energy

call good and evil and who determines when an act is a good act or an evil act. Let's look at Hitler for an example, in his vision of the world the Jews were a curse upon the earth and he was doing "good" by removing them from the existence, I am sure that many thought he was a hero. If you look at Martin Luther King many thought that his approach was leading to the destruction of America and they felt that he was an evil man that needed to be stopped at all costs. So I ask again, who determines evil or good, in the case of Hitler or Martin Luther and in light of the fact that you have people who could have argued both sides passionately.

The answer is good and evil are relative to the observer and the observer we might add is a product of their cultural and social background and it is through that lens do we make our individual determination of good or evil.

When the conquistadors traveled through Latin America and slaughtered the indigenous people they believed and argued that they were doing a good thing, they felt that by killing these "pagans"; who they could not convert, due to the language barrier. The conquistadors felt that they were ultimately saving the immortal souls of the indigenous people they encountered, and thus doing a great service to the natives by preventing them from committing further sins against god. While the natives they slaughtered saw them as pure evil.

Every single evil act man has ever committed falls into a similar paradox. Since the beginning of time this contradiction has existed where all acts are considered good and evil at the same time. So you might ask, if good and evil are relative to the lens of each and every individual, can there truly be such a thing in reality as good and evil. Or is it simply "I know it when I see it."

I will leave you with that thought to contemplate ... we will revisit this next month after allowing you to fully absorb the thoughts and the conclusions that I have shared with you.

My main purpose was to open you up to the possibility that there are no black and white answers, no absolutes as it refers to good and evil, and to open you up to the fact that our perceptions are filtered through a social and cultural lens. This Lens that I describe is created from our social and cultural background and it allows us to perceive our world in many ways, one of which is the determination of good and evil.

Next month I will bring this discussion of good and evil into the context of spirituality and at the same time contradict all what I have shared with you regarding good and evil being relative.

"The answer is good and evil are relative to the observer and the observer we might add is a product of their cultural and social background and it is through that lens do we make our individual determination of good or evil."



"So you might ask, if good and evil are relative to the lens of each and every individual, can there truly be such a thing in reality as good and evil..."

Reconciling Science and Spirituality from page 2

small box is inside another box, a much larger box and like the smaller box it too has rules and structure that also must be abided by. Now keep going upward and you will find that larger box in yet still an even larger box and so on and so on. Each of these boxes defines a reality and an environment that defines the rules that our consciousness may manifest in outside of the physical world of matter. Once you have grown outside all the boxes you have then reconnected with unfiltered access with the essence of what some would call god. By virtue of the process of moving from box to box to finally outside the system of boxes you would no longer be recognisable as who you are today. Many have used the term called crossing over, for years that term has puzzled me greatly. I used to believe once you crossover that's it, you are now complete and you have access to everything. You would be one with God, all-knowing, all-wise, unchained from human weakness, frailty and ignorance. I have since learned that my understanding and I suspect most others are incorrect.

Friends of the Circle

Odyssey Books

The Courtyard in Pickering Village,
109 Old Kingston Rd, #15, Ajax, ON L1t 3A6

Website: www.odysseybooks.com

Email: mail@odysseybooks.com

Contact name: Debbie Purvis

Phone Number: 905-426-4823

The Secret Lotus

2683 Bur Oak Avenue, Unit 2
Markham, ON

Website: <http://www.theseecretlotus.com/>

Tel: 905-554-9493

Email: discover@thesecretlotus.com

Remember the boxes within the boxes as I described previously? In a sense when a spirit crosses over all we are in fact doing is moving to another box with its own rules, structure and characteristics. I have meet spirits who believe emphatically that they have crossed over some of them I myself have 'crossed over', but yet when I interact with them or when others have interacted with them they seemed restrained by what they can do or say, they seemed emotional and they seemed in some cases not sure about events. In my old definition of crossing over they would not have meet my definition of the term. But using my box within a box analogy it explains better how spirits who claim that they have crossed over are still within the system of boxes and mostly likely in the box immediately above ours that contains our box. What this means is that each time a spirit outgrows or moves from one box to another they are in a sense crossing over, this may happen many times until finally they leave the system of boxes and ultimately reconnect back to the pure raw consciousness of god. That being said the term crossing over as I knew it was not the best term to describe outgrowing one box and growing into another. Because in a sense your spirit is simply becoming aware of, and then expanding into a new box with new rules and a different structure

Kennedy Lodge Long Term Care by Revera

1400 Kennedy Rd Scarborough, ON M1P 4V6

Website: <http://www.reveraliving.com/kennedy>

Phone Number: 416-752-8282

Unionville Family Chiropractic

4560 Highway 7 East, Unit 100, Unionville ON L3R 1M5

Website:

<http://www.unionvillefamilychiropractic.com/>

This Month's Inspirational Quotes
Inspirational Quotes from the Circle of Truths for
Feb 2015 www.circleoftruths.com

“We are flawed, we are ego, we live in an impure, imperfect, unpredictable world, we are filled with unending want and that is why we are perfect”

“Does the eye envy the ear for its ability to hear exquisite melodies? Does the ear envy the tongue for its ability to taste and savor sweet flavors? Does the tongue envy the eye for its ability to see all the colors and shapes of our world? Envy is an unrequited circular rode littered with frustration and despair where only fools tread upon”

To view all of my latest quotes please visit
<https://iamstillnothing.wordpress.com/inspirational-quotes/>
or email me at pat@circleoftruths.com

Stories from our Website

<http://circleoftruths.com/blog/share-your-experiences-with-pat/>

Donna says:

[March 17, 2013 at 1:10 pm](#) [\(Edit\)](#)

May 2012 I was diagnosed with stage 4 breast cancer which had spread to my bone and lungs, pat knew I had cancer but didn't know when I was having surgery. Pat was helping spiritually as I was going through this journey alone. Pat was connecting with my father who had passed.

June 25 2012 was the day of my surgery, as I lay sleeping at around 4:30 my deceased dad came to me held my hand and told me I would be fine then he left.

As I went through the healing process Pat worked on healing me, he explained what he would be working energetically on me remotely, me in my bed room and he in his own home. He told me not to be scared and just relax; think of nothing and do nothing. There were nights when I knew he was working on me because at this time spirits would come to me and one night a room full of people appeared I knew them but could not see their full faces. There was a bright glow in the room and they called me to come to them but at that time I said not now.

I knew every night that Pat worked on me remotely because I would feel extreme heat that would wake me out of my sleep and then the candles in the room would flicker. My dogs would also become unsettled and growly and then suddenly calm down. This happened many nights as Pat worked on me remotely. In the days that followed I would call or Pat would call me every few days and each time I would tell him. You were working on me last night, 2 nights ago and on last Sunday. I knew each time that Pat worked on me because the events repeated themselves almost exactly every night he did. On one particular night while Pat worked on me the heat was so unbearable it was like being in the hottest of all saunas I looked at the time and it was just after 9:30 PM. The heat was so intense I had to strip down to my underwear and open all the windows in my bedroom but that didn't make a difference. When my family came to investigate why the house was so much colder they came to my bedroom and found that I had the windows open in the middle of winter but yet I was still boiling up. My son brought several bags of ice to cool me down and covered me from head to toe with ice. All the while that my son packed bag after bag of ice on me I smiled because I knew what was happening, Pat was working on me again. The next day when I called Pat he told me that he was working on me between 9:30 and 10:30 PM.

During this time I was getting good news from my oncologist who in the beginning of my treatment was not overly optimistic but now the cancer had stopped spreading I was feeling better and he told me that the cancer looked to be under control

Snapshot from our Tuesday Weekly Chat on our Website

<http://circleoftruths.com/blog/share-your-experiences-with-pat/>

Here are some excerpts from our last chat where we discussed the nature of spirit and why there is hate, fear, death and disease in this imperfect world that we live in. Essentially our imperfections make us perfect



As always please join us every Tuesday @ 9:30 EST and share at the circle

THE CIRCLE OF TRUTHS

www.circleoftruths.com
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Next Month's Issue of Circle News

VOL 3 Circle News

Good and Evil; Negative Vs Positive Energy: What really is Good and Evil

Author: Pat Powell

Description Of The Existence without flesh: what is it like on the other side are there rules, is there a structure?

Author: Pat Powell

To book an appointment with Pat for either an appearance or for Energy Healing please visit www.circleoftruths.com

To subscribe to this newsletter or if you have any questions email pat@circleoftruths.com